



1. Personal and Contact Information:

First and Last Name: Fatemeh Janani

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Date of Birth:1967/09/05

Marital Status: Married

2. Education:

MSc: (Field of Study, Name of University, Year Graduated).

- Maternal Child Health, Iran University of Medical Sciences, 1998

MSc Thesis: (Title, Supervisor, Advisors)

- The relationship between knowledge, attitude about their health behaviors postmenopausal women with menopause ,Zohreh Feyzi ,Mahin Roshnnejad,

PhD: (Field of Study, Name of University, Year Graduated)

- Reproductive Health , Isfahan University of Medical Sciences,2016

PhD Thesis: (Title, Supervisor, Advisors)

- Improve the Quality of Physiologic Childbirth Program: A Participatory Action Research, Supervisor: Dr Shanaz Kohan, Advisors :Dr Fariba Taleghani , Dr Masoumeh Ghafarzadeh

3. Awards & Honors:

- Top lecturer of Lorestan University of Medical Sciences in 2003
- Top lecturer of Lorestan University of Medical Sciences in 2018
- Top midwifery instructor of Lorestan University of Medical Sciences in 2016
- Top midwifery instructor of Lorestan University of Medical Sciences in 2010
- Adviser to the President of the country's top women's affairs university 2006

4. Scientific Position:

1. Assistant Professor of Medicine (Department of ..., University, during)

- Assistant professor: Khorramabad Faculty of Nursing and Midwifery, Lorestan University of Medical Sciences (up 2016 to now)
- Lecturer: Khorramabad Faculty of Nursing and Midwifery, Lorestan University of Medical Sciences (2000-2015)

- Executive Position:

- Adviser to the President of Lorestan University of Medical Sciences on Women's Affairs 2003-2008
- Dean of Khorramabad School of Nursing and Midwifery 2009-2011
- Manager of Midwifery group, Lorestan University of Medical Sciences, Khorramabad , 2014- 2019.
- Manager of Reproductive Health group, Lorestan University of Medical Sciences, Khorramabad , 2019- present .
- Responsible for the special mission of reproductive health in the transformation package in education of Lorestan University of Medical Sciences 2018 -present

5. Teaching Experiences:

- Teaching of the Obstetrics & Gynecology, Maternal child Health
- Teaching of Epidemiologic principles
- Teaching of Physiopathology of medical - surgical disease
- Teaching of Principles of community health services
- Teaching of Principles of research method

6. Clinical Experiences:

- Women's Clinic Internship
- Internship in health centers
- Maternal and Child Health in field
- Internship in maternity centers

7. Research Field:

- Physiologic Childbirth
- Complementary & Alternative medicine
- Virtual & blended education
- Medical Education
- Reproductive Health

8. Grants:

- Design, implementation and evaluation of obstetric pleasure program through the use of non-pharmacological methods of reducing labor pain in educational centers of Lorestan province: Action research study, 2019
- Comparison of Effects Of Nigella Sativa And Mefenamic Acid On Postpartum After-Pain ,2018
- Comparative study of effect of Myrtus vaginal cream and Clotrimazol vaginal cream in the treatment of vaginal candidacies women referred to health centers in the city of Khorramabad in 2009

- Investigation of point of view couples' about counseling services before marriage in 2009
- Teaching issues related to girls' puberty to mothers and girls aged 10-14,2005
- Comparative study of lipoprotein levels in preeclampsia patients and healthy pregnant women referred to Asalian Hospital in Khorramabad ,2003
- Prevention of complications of aging,2002
- Promoting the culture and nutritional literacy of middle school girls through education,2002
- Assessing the quality of Pap smear preparation in health centers affiliated to Lorestan University of Medical Sciences 2001
- Screening for postpartum depression in mothers covered by health centers in Khorramabad, 2001

9. Supervisor:

10.Advisor:

- Improving the privacy of patients in the emergency department of Shahid Rahimi

11.Papers:

English:

- Rezaee N , Janani F , Sharifi N, Omidi F , Azadi A . Sexual Functin and quality of life among postpartum women :A cross sectional study.International Journal Of Womens Health and Reproduction Sciences..2018; 6 (3). pp. 307-312.
<http://eprints.lums.ac.ir/1345/>
- Janani F, Changae F .The effect of glucomannan on pregnancy constipation. Journal of Family Medicine and Primary Care.2018; 7 (5), 903
- Janani F, Kohan SH, taleghani F, Ghafarzadeh M . Effective strategies in promoting evidence-based maternity practice from the perspective of midwives in Iran: An opportunity for change.. International Journal of Pharmaceutical Research .2018;10 (3)

- Janani F, Changae F. Seasonal variation in the prevalence of preeclampsia .. Journal of Family Medicine and Primary Care. 2017 ; vol (4) Page : 766-769

<http://www.jfmpe.com/article.asp?issn=2249-4863;year=2017;volume=6;issue=4;spage=766;epage=769;aulast=Janani>

- Janani F, Kohan SH, taleghani F, Ghafarzadeh M. Challenges to Implementing Physiologic Birth Program (PBP): A Qualitative Study of Midwives Opinion in Iran. Acta Medica Mediterranea.2015.vol31; pp: 1373- 1380.

<http://www.ijpronline.com/ViewArticleDetail.aspx?ID=6887>

- Akbari Torkamani S, kangani F, Janani F. The effects of delivery in water on duration of delivery and pain compared with normal delivery. pak j med Sci .2010. Pak J Med Sci; 26 (3): 551-555

Persian:

- Changae F , Janani F, Farzan B , Shirkhani S .The Viewpoints of Faculty Members of Khorramabad School of Medicine, Iran, about the Horizontal Integration of Basic Medical Sciences Courses .jqr.2018 ; vol7(2) , pp:299-308<http://jqr.kmu.ac.ir>
- Changae, F , Akbari S , Janani F . The effect of clindamycin vaginal cream on prevention of preterm labor.2016 . yafte; 18 (2).
- Janani F, Akbari S, Delfan B, Toulabi T. A Comparative study of effect of myrtus vaginal cream and clotrimazol vaginal cream in the treatment of vaginal candidiasis.2011. Yafteh; 13 (1): 32-41 <http://yafte.lums.ac.ir/article-1-392-en.html>
- Toulabi T, Janani F , Ghorbanmohamadi E. The Appropriateness of Educational Programs' Objectives for Professional Needs: The Viewpoints of Khorramabad School of Nursing and Midwifery Graduate. Iranian Journal of Medical Education . 2008;8(12): 263-273 <http://journals.mui.ac.ir>
- The effect of water delivery on the duration of labor and the amount of pain compared to conventional delivery. YAFT-E Journal of Lorestan University of Medical Sciences. 2008; 10(3): 39-45 <http://yafte.lums.ac.ir/article-1-88-fa.pdf>
- Changae F, Janani F, Asti P, Akbari S. Comparison of failure rates of Cu + 380A and Cu Safe 300 IUDs during the years 84-80. YAFT-E Journal of Lorestan

University of Medical Sciences. 2008; 9(1): 57-62

http://yafte.lums.ac.ir/browse.php?a_id=27&sid=1&slc_lang=fa

- Akbari S, Changavi F, Janani F. The effect of Estrogen and Imipramine therapy on the stress urinary incontinence (SUI) in menopausal women. 2006. Yafteh ; 8 (228): 71-75
- Janani F, Changavi F. Plasma lipoproteins in normal and preeclamptic pregnant women. 2005. Yafteh ; 7 (25): 45-50
- Akbari S, Janani F, Changavi F, Ayazi M, Ghafarzadeh M. Beta-human chorionic gonadotropin (β HCG) levels in pre-eclamptic and normotensive pregnant women. 2005. Yafteh ;7 (3426): 57-62
- Tulabi T, Janani F, Ravanshad F, Shykhi E. Investigating the job status and educational research activities of the graduates of Khorramabad School of Nursing and Midwifery. 2005. Aflak J. 4:8-12
- Changavi F, Akbari S, Delfan B, Janani F. Cotoneaster effect on constipation during pregnancy. 2004. Aflak J. 1:5-9
- Yari F, Nazari H, Khedmat H, Tavalaei A, Foroghi S, Janani F. Androgen levels in reproductive age of female patients with depression in psychological clinics in Khorram Abad. 2004. Yafteh ;6 (20): 65-68

12. Books (Compilation, Translation, Conflation):

- Nutrition in the life cycle (Compilation) (2015)

13. Articles presented at national and international congresses and conferences (Oral, Poster):

- Evaluation of performance based on obstetric evidence based on the clinical guideline of the World Health Organization in the delivery ward of Asalian Teaching Hospital in Khorramabad. International Congress of Obstetrics and Gynecology of Iran-2018
- Fertility strategies.. Soft warfare and passive defense. Lums. 2016
- Investigating the challenges of improving the quality of the physiological childbirth program. International Congress of Obstetrics and Gynecology - Tehran -2015
- Improving the quality of physiological delivery program with action research approach. Conference on Qualitative Health Research - Yasouj – 1394
- Effective steps in preventing medical errors in midwifery departments (biennial congress on prevention of medical errors - Khorramabad - January 2015

- Assessing the level of women's self-care in labor and delivery (National Congress of Patient Education, Self-Care and Family Health - Tehran - 2014).
- Assessing the compliance of midwifery services with the policies of the mother-friendly hospital in Khorramabad Women's Hospital (National Congress of Reproductive Health Education and Counseling-Mashhad-2014)

14. Workshops (Teaching, Presence):

- Workshop on Emergency Obstetrics and Gynecology (Teaching)
- Physiologic childbirth workshop(Teaching)
- Fetal Health Assessment Workshop(Teaching)
- Breastfeeding promotion workshop(Teaching)
- Puberty Health Workshop(Teaching)
- Traditional medicine workshop in midwifery(Presence)
- Clinical Research Workshop(Presence)
- E-learning workshop in medical sciences(Presence)
- Intellectual Property and Patent Workshop(Presence)

15. Research Projects (Executor, Collaborator):

- Design, implementation and evaluation of obstetric pleasure program through the use of non-pharmacological methods of reducing labor pain in educational centers of Lorestan province: Action research study,2019(Executor)
- Comparison of Effects Of Nigella Sativa And Mefenamic Acid On Postpartum After-Pain ,2018 (Executor)
- The Viewpoints of Faculty Members of Khorramabad School of Medicine, Iran, about the Horizontal Integration of Basic Medical Sciences Courses,2016(Collaborator)
- Opinion about the couples premarital counseling,2009 (Collaborator)
- The comparison of misoprostol and oxytocin in the induction of labor in nulliparous women Shoeshine,2005(Collaborator)
- Treatment of abnormal vaginal flora in early pregnancy with clindamycin for the prevention of spontaneous preterm birth,2005(Collaborator)

- Cotoneaster effect on constipation during pregnancy 2004 (Collaborator)
- Comparative study of effect of Myrtus vaginal cream and Clotrimazol vaginal cream in the treatment of vaginal candidacies women referred to health centers in the city of Khorramabad in 2009(Executor)
- Investigation of point of view couples' about counseling services before marriage in 2009(Collaborator)
- Teaching issues related to girls' puberty to mothers and girls aged 10-14,2005(Executor)
- Comparative study of lipoprotein levels in preeclampsia patients and healthy pregnant women referred to Asalian Hospital in Khorramabad ,2003(Executor)
- Prevention of complications of aging,2002(Executor)
- Promoting the culture and nutritional literacy of middle school girls through education,2002(Executor)
- Assessing the quality of Pap smear preparation in health centers affiliated to Lorestan University of Medical Sciences 2001(Executor)
- Screening for postpartum depression in mothers covered by health centers in Khorramabad, 2001(Executor)

16.Reviewer of National and International Scientific Journals:

- Supervising of research projects approved by University faculty members
- Reviewer of Aflak research papers Journal, School of Nursing and Midwifery Nursing
- Reviewer of research projects approved by Lorestan University of Medical Sciences
- Reviewer of Aflak journal ,Lorestan University of Medical Sciences

17.Editorial Board of Medical Journals:

18.Membership in Scientific Associations:

19.General Skills:

- Translation of specialized texts
- Virtual education with some Software

20. General interests:

- Sport
- Music
- Ecotourism